

# MAINTAINING CONFIDENCE IN LAUNDRY PRACTICES AND PROCEDURES DURING THE COVID-19 OUTBREAK

*CDC Recommendations for Laundry Exposed to COVID-19*

COVID-19, or *Corona-virus disease* is a respiratory illness that can spread from person to person. The virus that causes COVID-19 is a novel coronavirus that was first identified during an investigation into an outbreak in Wuhan, China. The virus is thought to spread mainly between people who are in close contact with one another (within about 6 feet) through respiratory droplets produced when an infected person coughs or sneezes. It also may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes, but this is not thought to be the main way the virus spreads.

**To prevent transmission the WHO, CDC, and national health authorities recommend:**



**GOOD HAND HYGIENE**



**CLEAN AND DISINFECT**

**For laundry that has been exposed to COVID 19; the CDC and WHO recommends:**

✓	Immediately remove and wash clothes or bedding that have blood, stool, or body fluids on them.
✓	Wear disposable gloves while handling soiled items and keep soiled items away from your body. Clean your hands (with soap and water or an alcohol-based hand sanitizer) immediately after removing your gloves.
✓	Read and follow directions on labels of laundry or clothing items and detergent. <b>In general, use a normal laundry detergent according to washing machine instructions and dry thoroughly using the warmest temperatures recommended</b>
✓	After washing, laundry should be dried completely.
✓	Clean and disinfect clothes hampers according to guidance above for surfaces. If possible, consider placing a bag liner that is either disposable (can be thrown away) or can be laundered.

For the current recommendations from the CDC visit:

<https://www.cdc.gov/coronavirus/2019-ncov/community/home/cleaning-disinfection.html>

Considering the CDC guidelines for cleaning laundry exposed to COVID-19, current procedures and products used by Professional On-Premise Laundries meet current CDC recommendations and should continue following recommended procedures.